

Snow Peas



Snow peas (or China mangetout) are sweet, meaty, crisp and tender. Usually found in Oriental cuisine, these peas are enjoying increasing demand by supermarkets and restaurants.

Ethnic/Cultural Information:

Snow peas are entirely edible, thus the French name *mange-tout*, meaning “eat it all”.

Geography/History:

Evidence of peas have been found at a Stone Age lake village in Switzerland, revealing peas were among the earliest of all cultivated plants.

California and Washington State are major producers of snow peas.